

**In your Kitchen:**

- Install a faucet aerator.
- Use cloth napkins and dishtowels instead of paper.
- Make sure your dishwasher is full before running it.
- Store food items in reusable containers.
- Use washable cloth rags instead of paper towels.

**In your Bathroom:**

- Rub-a-dub-dub more quickly. Take shorter showers.
- Install low-flow showerheads.
- Use less water when brushing those pearly whites. Turn off the faucet when brushing your teeth.
- Make your showers do double duty. Hang clothes in the bathroom while showering to steam wrinkles out.
- Install a toilet dam to reduce the amount of water you flush away.

**In your Laundry Room:**

- Make your purchasing dollars count. When shopping for a washer and dryer, buy an energy-efficient, low-water model.
- Clean your clothes dryer's lint trap after every load.
- Give your dryer a vacation by hanging your clothes to dry.
- Use a phosphate-free detergent.
- Turn down your water heater to 130 degrees Fahrenheit, especially during the summer.

**At the Grocery Store:**

- Consolidate shopping outings; cut down on trips to pick up one forgotten item.
- Buy grocery items in bulk.
- Buy items with less packaging.
- Tote your goods in style. Use canvas bags to carry your groceries.
- Look for less toxic alternatives to household cleaning products.

**All around the House:**

- Turn off lights and televisions when not in use.
- Turn your thermostat up when you are out during the day.
- Replace incandescent light bulbs with high energy-efficient fluorescent bulbs.
- Don't let energy go out the window (or door). Make sure your rooms are well insulated and doors to the outside are not left standing open.

**In your Yard:**

- Water your lawn in the early morning or in the evening.
- Xeriscape and use water-saving native plants.
- Leave your grass clippings on the lawn.
- Compost fruit and vegetable scraps.